

WESTFIELD RECREATION DEPARTMENT

2011 Fall Program Schedule

Recreation Department Office Staff:

M. Bruce Kaufmann - *Director*
Dolores MacKay Kaufmann - *Asst. Director*
Traci Kastner - *Program Coordinator*
Chuck Ropars - *Teen Program Coordinator*
Joanne Colaneri - *Office Secretary*
Rosemarie Degregorio - *Office Clerk*
Paul Checchio - *Pool Technician*

Westfield Recreation Commission:

The Westfield Recreation Commission is made up of 11 members who are all appointed by the mayor. The Commission has a responsibility to determine and formulate policies for the effective management of park and recreation services. It also supports and sets policy for the Recreation Department staff. In addition, it functions as liaison between the Board of Education, the Mayor and Town Council. For Commission dates please see the department's website.

2011 Commission Members: Jim Marvin (*Chairman*), Peter Echausse, Michael Cash, Loren Weinstein, Jeff O'Connor, Tom Ripperger, Gary Fox, William Kelly, Brett Glenn, Kevin Neylan, Larry McDermott

Public Meetings: 1st Monday of the month, 7:30p in the Recreation Department's Conference Room.

3 Easy Ways To Register for Programs:

(1) MAIL-IN

(Download a Registration Form from the Department's Website.)

Westfield Recreation Department
Municipal Building ~ 425 East Broad St. Westfield, NJ 07090

(2) ONLINE

www.WestfieldNJ.Gov/Recreation

Click on ... "Register for Recreation Programs"

(3) WALK-IN

Recreation Department Office

Monday-Friday, 8:30AM through 4:30PM

(Office is closed on all legal holidays)

***Please read carefully any special registration requirements available for each program offered in this brochure.**



CALLING ALL 6th, 7th & 8th GRADERS. . . "THE NIGHT PLACE"

What is Night Place? The Night Place is a dance, open gym, game room, and movie for Intermediate School aged students. We try to offer Night Place on a regular basis throughout the school year. Unfortunately, we NEED Volunteers and Edison School to offer this great program. It is only through parental support that we are able to offer The Night Place.

Volunteers: Please contact the Recreation Department with your contact information. You may also print a volunteer form from the website. You will be contacted and given specific program details about this event. Thank you in advance for your support.

2011-2012 DATES

9/23, 10/14, 11/18, 12/16, 1/20, 2/24, 4/13, 5/18.

Fee: \$5.00 (Payable at the door.) Location: Edison Int. School.

Parent volunteers are crucial! To help keep kids off the streets we need your help to make this popular program happen. **Please contact the Recreation Dept by phone to register to be a chaperone.**

CALLING ALL High School Students! . . .

THE "UNDERGROUND" (a.k.a- The Teen Center)

Did you know that we have a great place for Resident Teens to call their own? Come on down and see what you have been missing! "The Underground" is open on **FRIDAYS** during the school year from **7:00PM to 11:00PM.*** We can offer more hours if needed! Come down and play a game of pool at one of our three pool tables, keep your ping-pong skills in check, play some video games, watch a movie, or listen to your favorite music!

ATTENTION: All WHS Clubs and WHS Sport Teams are welcome to use the center for meetings after school. Contact Chuck Ropars (WHS Staff) if interested.



"The Underground" is located literally, underground, in the basement of the Municipal Building Recreation Center. Contact the Recreation Department for additional information.

Be Active-Be Healthy-Be Underground!

*** Please note: The Underground is closed during Night Place dates listed.**



MUSIC STUDIO - on Mondays!

Fall Session #1: September 19 through November 7
Fall Session #2: November 14 through December 19



INSTRUCTORS: RMC Music Studios. **LOCATION:** TEEN CENTER

Intro to Rock Instruments - Curious about what instrument is right for your child? Come join RMC Music Studio on this fun journey through the world of instruments. Students will have the opportunity to play and learn on guitar, bass, drums, keys, and vocals, as well as learn the basics of music through instructional games and activities.

For AGES 7 & older. Mondays 5:00p-5:45p. Fee: \$75

Intro to Guitar - Come join RMC Music Studio and learn to play guitar like your favorite rock and roll hero! This fun and exciting class is centered around chord theory, song study, artist study, melodic embellishments and proper playing technique and posture.

For AGES 10-17. Mondays 6:00p-6:45p. Fee: \$75

Intro to Piano/Keyboard - A great course for the true beginner or for the musician looking to further unlock the mysteries of music. The keyboard is a great starter instrument, as well as an invaluable tool for understanding the basics of music theory. The grand staff, note reading, chords, and two-hand play will be learned, along with other key musical concepts.

For AGES 10-17. Mondays 7:00p-7:45p. Fee: \$75

Kiddie On Keys - NEW PROGRAM !

Fall Session #1: September 20 through November 8
Fall Session #2: November 15 through December 20

Kiddie On Keys A great music primer for young learners, ages 3-6. It teaches children the basics of music through game-play and the intuitive nature of the piano keyboard. **For AGES 3-10.**

TUESDAYS - Choose: 10:00a-10:45a, OR 1:15p-2:00p. Fee: \$75

INSTRUCTORS: RMC Music Studios. **LOCATION:** Community Room

Register through Recreation Department. (Spots are LIMITED).



The Westfield Recreation Department

425 East Broad Street, Westfield, NJ 07090 - Phone: 908-789-4080 - Fax: 908-789-4083

Department Email: recreation@westfieldnj.gov - Department's Website: www.westfieldnj.gov/recreation

ONLINE REGISTRATION 24/7 at: www.https://register.communitypass.net/westfield

WRD wants you to ... Be Active, Be Healthy, Be There!

Fall TENNIS CLINICS - Kids 3 yrs+

Under the direction of Drew University Head Coach, Jeff Brandes

Session Dates: September 20 through October 20

Location: Elm Street Tennis Courts.

Days offered: Tuesdays OR Wednesdays OR Thursdays

Limited availability... Register now before classes close!

Pee Wee's: Geared for children with limited or no experience. Geared to the development of general eye-hand coordination skills in a non-competitive fun-filled environment. Generally for ages 3-4. (3:30-4:15p). Fee: \$75

Hot Shots: Similar to Pee Wee's. Geared towards general coordination skills. Fundamentals of strokes/grips/footwork are covered. Generally for ages 5-6 yrs. (4:15-5:00p) Fee: \$75.

Level 1: Beginner to Adv. Beginner. Class is geared towards establishing a sound technical foundation of the basic grips, strokes and footwork with an introduction to some competitive games. Generally ages 7yrs. and up. (3:45-5:00p) OR (5:00-6:15p). Fee: \$115.

Level 2: All Strokes are covered, as well as basic strategy. Students in this class are capable of rallying but their serve may be weak and therefore may or may not be capable of playing a match. Generally ages 9 and up. (5:30-6:45p). Fee: \$115.

(Juniors age 13 and up can take the adult classes.)

REGISTRATION INFO: Obtain a **Tennis Registration form** at the Recreation Dept. or from our website or register online at: <https://register.communitypass.net/westfield>

Please Note: Classes are filled on a first come first served basis. Ability level, is the primary placement criteria, age & size are secondary. Any concerns on which class is appropriate please contact Jeff Brandes by email at: protuff@optonline.net



GOLF CLINICS - Grades 2-9

Under the direction of PGA Teaching Pro, Bill McCluney

Our popular golf programs are for resident children in grades 2-9. Come learn a lifetime sport with a friend! Scotch Hills is a great facility... and it's close by!

WEDNESDAY CLINICS (8-Spots available)

Times: Choose from 3:30-5:00p, OR 5:00-6:30p.

SESSION #1: September 14, 21, 28, Oct. 5 (Oct. 12-rain date).

Fee: \$110.

SESSION #2: October 19, 26, November 2, 9 (Nov 16-rain date).

Fee: \$110.

THURSDAY CLINIC (8-Spots available)

Time: 5:00-6:30p.

SESSION DATES: October 6, 13, 20, 27 (Nov. 3-rain date).

Fee: \$110.

Register through Recreation Department. (Spots are LIMITED).



YOUTH BOWLING LEAGUES

The Westfield Recreation Department sponsors a weekly bowling program for boys and girls between the ages of 5 & 14. Each program includes: 2 Games of bowling, Use of rental shoes & lightweight balls, instructional assistance & a trophy awards program.

Cost: \$7 each week per person -payable at the lanes, (\$2/week if absent.)

Sessions are 12 weeks in length & are continuous.

- **YOUTH LEAGUE:** (8-14yrs) MONDAYS 4:00 pm. Begins **September 19th**
- **SPECIAL BUMPER LEAGUE:** (5- 7yrs) FRIDAYS 9:30a or 12:30p starts
- **ADULT/YOUTH LEAGUE:** Held FRIDAYS 6:00pm. (4 on a team!)

Parents can bowl with the kids in the bumper league! Snack Bar is available.

LOCATION: Linden Lanes-741 North Stiles Street. Phone: (908)925-3550.

LATE REGISTRATIONS WILL BE ACCEPTED AFTER START DATES!

Registration Info: Please register through the Recreation Dept.



SCIENCE PROGRAM - SmartyCat Kids

Would your child enjoy activities such as: creating chemical reactions that ooze, fog, erupt, or change color... Exploring physical forces with air rockets, airplane gliders, or a hair-raising static electricity generator...Designing and constructing engineering projects such as model roller coasters, bridges, or skyscrapers... Building robots or RC vehicles, Exploring outer space, Studying live animals...and much more! Then this class is for them! Sign up today. If you have taken a class before, no worries...we have all new activities & experiments! **Location:** Recreation Dept's Community Room.

Monday Classes: 4:30-5:15p. (Ages 5-8 yrs.) Fee: \$155

Session Dates: September 26 - December 5 (no class 10/10)

Friday Classes: 3:30-4:15p (Pre-K), OR 4:30-5:15p (Grades K-1), OR 5:30-6:15p (Grades 2-5). Fee: \$155 per child/class.

Session Dates: September 23 - December 16. (No class 9/30, 11/11, 11/25)

Register at: www.smartycatkids.com or call 732-762-5022



"LITTLE BAKERS" Workshops

Have your child join us for some fun this Fall! During our new Little Bakers Classes, your child will have a blast as we explore various techniques of baking, decorating, and making creative & delicious edible treats! Kids LOVE this class!

Dates: Wednesdays, Sept. 28-Nov. 30. **Ages:** 5-10. **Class Time:** 4:30-5:15pm

(Children are grouped by age during class). **Fee:** \$155 for 10-weeks.

Register online at: www.thecupcakeexperience.com



SOCCER SQUIRTS - Ages 3-7



USA's Soccer Squirts program has been designed to introduce children ages 3-7 to soccer in a safe, structured environment. All games and activities will encompass coordination, balance, agility and fundamental movement skills

Class Location: Tamaques Park. **Fee:** \$105

Class Dates & Times: TUESDAYS - September 27 through November 1st

Ages 3-5: 10:00-11:00a OR 11:30-12:30p OR 1:00p-2:00p OR 2:15-3:15p

Ages 5-7: 1:00-2:00p OR 2:15-3:15p

Register at: www.UnitedSoccerAcademy.com or call (732)563-2525 for assistance.

T-BALL & SPORT SQUIRTS - Ages 3-5



T-BALL SQUIRTS: (AGES 3-5) THURSDAYS, Sept. 22 to Oct 28. Hitting, pitching and running the bases are all covered in this introduction to baseball for young sluggers! All games and activities encompass hand/eye coordination, balance, agility & movement. **Fee:** \$105/time slot. **Location:** Tamaques Park. **Class Times:** 11:45a-12:45p OR 1:00p-2:00p OR 2:15-3:15p

SPORT SQUIRTS: (AGES 3-5) FRIDAYS, Sept. 23 to Oct. 28. Introduces young children to a variety of sports in a safe, structured environment. All games and activities help with hand/eye coordination, balance, agility & movement - all key factors to the early development of children in sport. **Location:** Tamaques Park. **Class Time:** 9:00a-10:00a. **Fee:** \$105

Register at: www.UsSportsInstitute.com or call (732) 563-2520 for assistance.

Mannerations™ - Etiquette Workshops

Where manners are serious fun!

Social Etiquette: This program teaches proper etiquette techniques to successfully manage social situations. Children learn through role playing, worksheets and fun games. Ages 5-12. Fee: \$40/date. **Location:** Community Rm. **Dates:** Oct. 27th or Dec. 1st. Or Feb. 2nd.

Dining Program: Learn the etiquette of dining in a fun, interactive and memorable manner. A four course meal is consumed while etiquette instruction is provided. Ages 5-12. Fee: \$55/date. **Dates:** Nov. 11th, or Jan. 5th. **Community Rm.**

NEW—Mannerations™ Tween/Teen & Young Adult Dining Program.

This one-day course tweens/teens and young adults learn the etiquette of dining in an age-appropriate, fun manner. A four-course meal is consumed and instruction is provided by Patti Manning. Fee: \$55/class. **Location:** Community Rm.

Tweens- 11 to 14yrs. - January 6, 2012 from 6:30-7:30pm.

Young Adults- 15 to 24 yrs. - January 20, 2012 from 6:30-7:30pm.

Registration Info: Please register through the Recreation Dept.

WESTFIELD RECREATION DEPARTMENT PROGRAMS 2011

Be Active, Be Healthy. . . Be Ready for those NO SCHOOL DAYS!

1 -Day Netbursting Soccer Camp

SCHOOLS OUT for Columbus Day... October 10th

Players will work on all aspects of shooting from power shots to finishing with style. These techniques will then be put into scrimmage type games designed to promote goal scoring. The camp will also feature goal keeper instruction, where coaching will be given on all aspects of this special position.

**Great Goals! Great Saves...
That's what this camp is all about!**

Time: 9:00a-12:30p. COST: \$39

2 -Day World Cup Soccer Camp

SCHOOLS OUT... November 10th & 11th

A world of fun at your feet, this program pushes the fun factor for children aged 5-12. Children will enjoy learning soccer skills from around the world while putting them to the test in fun challenges and games. The day will finish with scrimmages where the emphasis is on the excitement of playing soccer.

Get out of the house!

Time: 9:00a-12:30p - COST: \$75



Registration Information: www.UnitedSoccerAcademy.com

or call (866) 345-BALL for assistance.

Camp Location: Houlihan/Sid Fay Field Complex

1/2 DAY OF SCHOOL ... NO SCHOOL ... WHAT TO DO? ... WHAT TO DO?

MAKING MAGIC Mini-Camp:

(Schools are Closed)

Come learn to make things vanish and float in the air! You will also learn what it takes to become a magician, and create an entire magic show that you get to keep! Magic tricks and supplies are provided for every camper and are yours to keep at the end of the camp. (Min. 8 Max. 15). For **Grades K-5**. Fee: \$70
ABRACADABRA... ALAKAZAM!



Dates: September 29 & 30. **Time:** 1:00p-4:00p (Community Room).
Register through Recreation Department.

HIGH-FLYING AVIATION CAMP:

(Held during 1/2 Days of School)



Our High-Flying Aviation Workshop will include action packed indoor/outdoor flight days, taking you to new heights as you let your models take to the skies and see the wonder of flight in action! Each "pilot" will have an aircraft building & learning experience from scratch. You will take home different hand-built working models, all while learning more about aviation's rich science and history. Campers will learn to read plans, use metric rulers, work with different hobby tools, and make simple calculations in a fun, engaging, hands-on atmosphere. (Min. 8 Max. 15) For **Grades K-8**. Fee: \$105

LET'S GET FLYING!

Dates: November 7, 8 & 9. **Time:** 1:00p-4:00p (Community Room).
Register through Recreation Department.

Multi-Sport Camp - 2-day!

Experience different sports from around the world with the US Sports Institute. All activities will take place in an atmosphere, which promotes good sportsmanship teamwork and most of all fun. Campers will receive Technical Instruction in each sport then experience the sport in a realistic game situation. This is the only sport camp truly dedicated to children of all sporting abilities.



SCHOOLS OUT— GET OUT & PLAY!

Held September 29 & 30

Time: 9:00a-12:30p - COST: \$75

Sign up with friends!

Register at: www.UsSportsInstitute.com

or call (732) 563-2520 for assistance.

Camp Location: Houlihan/Sid Fay Field Complex

Rec-N-Motion's

School Holiday Vacation Camp!

Fun-filled day with a variety of get up and get moving activities-skills and agility building, games, mixed martial arts, and WII competitions, fencing and more!! Enjoy your lunch with a special movie.

Full Day Program (8:30-4:30p); Half Day Program (8:30-12:00).
DATES: Sept. 29 & 30, October 10th, November 10 & 11, and December 27-30.

REGISTRATION – CLASS LOCATION - AND INFORMATION:

Karate N Motion-1006 South Ave.
Westfield. Phone: 908-232-6440

Join with a friend!



Rec-N-Motion at Karate N' Motion - Fall Program Schedule:

Mommy/Daddy and Me Take Karate: Family karate class for child 4-8 yrs and parent. We created an environment for you and your child to grow individually and also together! Play together while learning basic karate, self-awareness and discipline. This class is a unique family bonding experience.
Saturdays 10:30-11:30 \$120.00 (Sept 24th-Nov 12th)

Fencing for Youth -A beginner course in fundamentals of the FOIL (The French fencing blade). Equipment is provided. Minimum attendance required.
Thursdays 7:00-8:00 \$120.00 (Sept 22nd-Nov 10th)

Cardio KickBoxing -Teens and Adults. Great workout, great music, great fun! Kicking bags are utilized for this class. Work off your stress while getting in shape! Saturdays 9:30-10:30 \$120.00 (Sept 24-Nov 12th)

Little Kickers Karate - For the beginning student. Ages 4-9. Learn the fundamentals of Karate in a fun format. (white-adv orange belts)
Wednesdays 4:30-5:30 \$120.00 (Sept 21st—Nov 9th)

Anti Bullying /Karate – Learn self discipline, improve your self confidence, stand up to the bully, learn ways to handle yourself so you don't get "picked."
Boys and girls Ages 8-13. Wednesdays 5:30-6:30 \$120.00

REGISTRATION – CLASS LOCATION - AND INFORMATION CONTACT: Karate N Motion-1006 South Ave., Westfield. Phone: 908-232-6440.

FALL PROGRAMS 2011

WRD wants you to . . . *Be Active, Be Healthy. . . Be There!*

SENIOR FRIDAYS!

Westfield Resident Seniors and their friends are invited for a series of afternoon programs at the **Newark Museum** that include musical performances, film screenings, gallery talks, art making and scientific inquiries. Register now for all upcoming trips!

September 16:

Art: Explore the Creative Power of Color, Pattern and Design

Tour the exhibition *The Global Art of Patchwork: Africa, America and Asia* and be inspired to experiment with color mixing, collage and pattern making to create an original work of art.

October 14:

Science & Art: Planetarium show, Seven Wonders, followed by a conversation with Museum Astronomer, Kevin Conod

This planetarium show will turn back the pages of time as we witness the Seven Wonders of the Ancient World and examine Seven Wonders of the Universe: from the spectacular Orion nebula to the gargantuan black hole at the heart of the galaxy M87. Glimpse some of the universe's greatest wonders.

November 11:

Art: Journey to Tibet

Enjoy an interactive tour of the Museum's renowned Tibetan Collection, see a screening of rare film footage from the 1930's and then create a mani wheel to spread goodwill and blessings to all.

December 9:

Christmas in the Ballantine House: Feasting with Family & Friends

The Holidays are traditionally marked by celebrations involving food, gift giving and the making of memories. Bring a favorite holiday recipe (handwritten or typed) and we will turn it into a memorable gift for a loved one. Enjoy seasonal refreshments and special tours of the exhibition, *Feasting with Family & Friends*.

NEWARK MUSEUM TRIP REGISTRATION INFO:

Please bring a bagged lunch. The Museum Café is available for drinks if needed.

Fee: \$37 per Date. Register early!

(Checks or Exact Cash is required upon registration).

Bus/Van departs from Municipal Building at 11:30am.

Minimum of 10 people NEEDED per trip.

Register through the Recreation Department.

Tai Chi for Life

Be Active, Be Healthy, Be fit for life!



Tai Chi is a form of traditional Chinese mind/body exercise and meditation that uses slow sets of body movements and controlled breathing. Tai Chi is done to improve balance, flexibility, muscle strength and overall health. Exercise at your own pace in a non-competitive atmosphere.

Fee: \$40/session. Instructor, Barry Galitzer

All levels welcome. Miss the first class? No worries... we pro-rate!

Held Mondays 7:00-8:00pm in the Municipal Building Community Rm

Session Dates: (Dates are tentative & sessions are continuous.)

Session #4 – September 12-November 7 (No class Oct. 10).

Session #5 – November 14-January 23 (No class Dec. 26, Jan 2, Jan 16).

Register through the Recreation Department.

Chair Yoga – Coming Soon!

Be Active, Be Healthy, Be fit for life!

Chair Yoga is a unique yoga style that adapts yoga positions and poses through creative use of a yoga chair. The chair replaces the yoga mat and becomes an extension of the body. The student is able to warm up the body safely and perform yoga poses with more support and stability. Poses are done seated on the chair or the chair is used for support during standing poses, forward and backward bends, side extensions, balancing, and leg and arm stretches. Chair Yoga is suitable for all ages, fitness levels and physical conditions.

Details to follow.

Fall TENNIS CLINICS - Adults

Under the direction of Drew University Head Coach, Jeff Brandes

Session Dates: SUNDAYS from September 25 through October 23

Location: Elm Street Tennis Courts. **Fee: \$140**

Limited availability... Register now before classes close!

Beginner/Advanced Beginner: (10:00-11:30am) Players in this class have no or very little experience. Rallying may be possible but is limited due to a weak technical foundation. Playing a match is not a possibility.



Lo Intermediate/Intermediate: (11:30am-1:00pm) Players in this class can rally and may have some match experience. Their serve may be weak but goes in often enough to play a match. At times, judgment of the ball is a challenge and court coverage is adequate.

REGISTRATION INFO: Obtain a **Tennis Registration form** at the Recreation Dept. or from our website or register online for an additional charge at: <https://register.communitypass.net/westfield>

Please Note: Classes are filled on a first come first served basis. Any concerns on which class is appropriate please contact Jeff Brandes by email at: protuff@optonline.net

Look for more Programs & Trips!

Check out our website:

www.westfieldnj.gov/recreation

Find us on FaceBook!

Or... Just stop by and visit us!



Calling all Ladies!

GOLF CLINICS – Ladies Only!

Clinics are held **TUESDAYS**. (4-Spots available)

Times: Choose from 10:00-11:00a, OR 11:00a-12:00p.

SESSION #1: September 13, 20, 27, (Oct. 4 -rain date). Fee: \$100.

SESSION #2: October 11, 18, 25, (Nov. 1 -rain date). Fee: \$100.

Clinic Location: Scotch Hills Country Club, 820 Jerusalem Rd., Scotch Plains.

Equipment: Bring clubs if you have them– if not they will be provided.

Register through the Recreation Department.

